

LIFE TEMPLATE RESOURCES

What or Who I Need to support my NEEDS:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

*Having these people and/or resources in my life will help me operate at
my best!*

DAILY SCHEDULE

Tasks:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

These are small steps to work towards my larger goal